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**Detroit Community**

**Resource** **Booklet**

[**https://www.thoughtsbecomethingsnp.org**](https://www.thoughtsbecomethingsnp.org)

**@ThoughtsBecomeThingsNP**

![Facebook-Logo[1]]()

*Any and everything is possible for you. No matter what situation you are in currently there is a way out. The problem is when we don’t know what resources are available to us and then we are not in the proper mindset to be able to receive it effectively. You were meant to live an abundant life. Your environment and your condition does not limit you. Your mindset is your most powerful tool and I hope that this booklet helps you with furthering your journey.*

*Kristy Love*

*Hello@TheKristyLove.Com*

***AFFIRMATIONS FOR HOME:***

*I know I will find the perfect place.*

*Searching for a new home is easy and effortless.*

*I am confident that my new home will be a happy and healthy place for loved ones to gather.*

*Our new home is beautiful, bountiful, and blessed.*

**Home Help Services**

*Wayne County Offices*

Conner Service Center

4733 Conner Detroit, MI 4825

Phone: (313) 926-8600

Serves Zip Codes: 48207, 48214, 48224, 48234

Wayne County – Grand River/Warren

5131 Grand River Ave. Detroit, MI 48208

Phone: (313) 361-7300

Serves Zip Codes: 48146, 48195, 48204, 48206, 48208, 48216

Wayne County – Southwest Office

2524 Clark St. Detroit, MI 48209

Phone: (313) 554-8300

Serves Zip Codes: 48101, 48122, 48192, 48209, 48210, 48217, 48218, 48229

Grandmont Service Center

17455 Grand River Detroit, MI 48227

Phone: (313) 493-7801

Serves Zip Codes: 48221, 48227, 48238

**Homeless Services**

Genesis Campuses: Emergency Shelter

*Phone: 313-993-4700*

*Address: 3840 Fairview Detroit, MI 48214*

Detroit Rescue Mission

*Servicing men, many of whom experience chronic homelessness and addictions*

Genesis House III

*Servicing women, single and with children. Whom struggle with addictions or the impact of addictions in those with whom they are close.*

The Oasis

*Servicing men, many of whom experience chronic homelessness and addictions.*

Transitional Housing

*Campus: Genesis House II* • Number: 82

*Target Population: 48 women and 14 children. Women in this program often are working on substance abuse aftercare issues, addressing legal issues, and attend school and training programs to give them a future.*

*Phone: 313-309-5900*

*Address: 312900 W Chicago Detroit, MI 48227*

Campus: Genesis House III Samaritan Program •Number: 10

*Target Population: Women in this program have a disability or are female veterans. They too work on substance aftercare issues, address legal issues, and attend school and training programs to give them a future. Women in this program have a disability or are female veterans. They too work on substance aftercare issues, address legal issues, and attend school and training programs to give them a future*.

*Phone: 313-883-5614*

*Address: 2015 Webb Detroit, MI 48206*

Ruth Ellis Center

77 Victor St. Highland Park, MI 48203

Phone: (313) 252-1950 (Administration)

Phone: (313) 867-6936 (Second Stories)

Website: [www.ruthelliscenter.org](http://www.ruthelliscenter.org)

*Provides information and referrals, short-term and long-term residential safe space, Second Stories Drop-in Center, low-barrier access to food, clothing, showers, laundry, case management, outpatient mental health services and family group decision making*

Black Family Development

Family Preservation and Support

2995 E. Grand Blvd. Detroit, MI 48202

Phone: (313) 758-0150

Website: [www.blackfamilydevelopment.org](http://www.blackfamilydevelopment.org)

*Black Family Development, Inc. assists Wayne County families dealing with homelessness*

Coalition on Temporary Shelter (COTS)

26 Peterboro Detroit, MI 48201

Phone: (313) 831-3777

Website: [www.cotsdetroit.org](http://www.cotsdetroit.org)

*COTS’ programs (Emergency Shelter, Transitional Housing, and Permanent Supportive Housing) are designed to address each family’s needs and circumstances and support them in moving along a continuum from homelessness to housing and stability*

Neighborhood Services Organization Homeless Services

3430 Third Ave. Detroit, MI 48201

Phone: (313) 832-3100

Website: [www.nso-mi.org](http://www.nso-mi.org)

*Assists the homeless in gaining the maximum services available from substance abuse and mental health treatment, and other social service agencies and network sources, Walk-in center. No beds.*

Wayne Metropolitan Community Action Agency

Main Service Office

2121 Biddle, Suite 102 Wyandotte, MI 48192

Phone: (313) 734-284-6999

Website: [www.waynemetro.org](http://www.waynemetro.org)

*Homelessness Prevention Services (HPS) aids that helps individuals and families confronting homelessness become self-sufficient, find and maintain adequate permanent housing, and provide their children with a healthier living*

***AFFIRMATIONS****:*

*I release poverty!*

*I release lack!*

*I release dependency!*

*I release insecurity!*

*I release fear!*

*I release the energy of “there is not enough”!*

*I release the energy and belief that there is never enough*

**Food Assistance Programs**

Focus Hope Westside

1300 Oakman Detroit, MI 48238

Phone: (313) 494-4600

Focus Hope Eastside

9151 Chalmers Detroit, MI 48213

Phone: (313) 494-4600

Health Emergency Lifeline Programs

1726 Howard Detroit, MI 48216

Phone: (313) 832-2300

Toll Free: (888) 435-5655

Website: [www.helpoffice.org](http://www.helpoffice.org)

*Provides low income Wayne County residents diagnosed with HIV/AIDS, and HEP C with food vouchers and prescribed nutritional supplements*

***AFFIRMATIONS:***

*Every day in every way I am getting healthier and healthier and feeling better and better.*

*I think only positive thoughts and am always happy and joyous, no matter what the external conditions are.*

*Good health is my birth right. I bless my body daily and take good care of it.*

*To me, good health is next only to Godliness. I am in possession of a healthy mind and a healthy body*

**Utility Payment Assistance Programs**

The Heat and Warmth (THAW) Fund

Phone: (800) 866-THAW (8429)

Website: [www.thawfund.org](http://www.thawfund.org)

*Customers who meet the guidelines from the Household Income Eligibility Guidelines Chart (found on the DTE Energy Website), are in shut-off status, and have exhausted all federal and state-funding programs may be eligible for assistance*

Wayne Metropolitan Community Action Agency

2121 Biddle, Suite 203 Wyandotte, MI 48192

Phone: (734) 284-6999 (Out Wayne County)

Phone: (313) 388-9799 (City of Detroit)

Website: <https://waynemetro.org>

DTE Energy Payment Assistance Programs

One Energy Plaza Detroit, MI 48226

Phone: (800) 477-4747

Website: [www.dteenergy.com](http://www.dteenergy.com)

***AFFIRMATIONS:***

*I release financial fear!*

*I release the thought, that money always goes out faster than it comes in!*

*I release all my conscious and unconscious blocks to abundance!*

*I release primal fear!*

*I release tribal fear!*

**Health/Wellness**

Community Social Services of Wayne County

9851 Hamilton Ave. Detroit, MI 48202

Phone: (313) 883-2100

Website: [www.csswayne.org](http://www.csswayne.org)

*Specialized services include substance abuse treatment & prevention. Psychiatric and psychological evaluations are also available*

Detroit-Wayne County Community Mental Health Authority

707 Milwaukee St. Detroit, MI 48202

Phone: (313) 833-2500

24-Hour Referral and Crisis Help Line: (800) 241-4949

HELP (Health Emergency Lifeline Programs)

*Assist those with HIV for case management, emergency financial assistance (1st month rent, past due utilities), and food voucher.*

Phone: 313-832-3300

1726 Howard St. Detroit

Corktown Health Center

1726 Howard Street

Phone: 313-832-3300

*LGBT friendly and focused clinic in the city of Detroit. Those who identify as straight are welcome as well.*

*Accept all insurance and provide primary Care and Infectious Disease Care.*

Defined By Fatherhood

*Defined by fatherhood is a community-based organization that seeks to cultivate community relations by empowering its fathers.*

 *Services will expand between supporting fathers in arduous circumstances, promoting better mental and physical health, developing better forms of resiliency, and negating rigid norms that may hinder a father’s involvement in the family dynamic.*

[*https://www.definedbyfatherhood.com/*](https://www.definedbyfatherhood.com/)

Nneka Owens & Associates

*Therapy for Individuals, Couples, And Families*

[*https://www.owenstherapy.com/*](https://www.owenstherapy.com/)

Phone*:* 313 769-5705

I.M.A.G.E. Counseling Services

*I.M.A.G.E was designed to encourage individuals from all walks of life to search within, deal with past, or present trauma and learn to forgive.*

[www.image-counseling.com](http://www.image-counseling.com/)

Phone: 313-757-9379

Detroit Counseling and Wellness Solutions

17567 Hubbell Ave Detroit, MI 48235

Contact: Elaina Brown

Mailing Address: PO Box 21063 Detroit, MI 48221

Email: Info@Detroitcounselingandwellness.com

Phone: 313-985-0243

Southwest Housing Solutions

1920 25th St. Detroit, MI 48216

Phone: (313) 841-3727

Website: [www.swsol.org](http://www.swsol.org)

*Services include clinical and outpatient services for adults with mental illness, child and family services for children with emotional disorders, Hispanic mental health services for children, youth, adult and*

*Families.*

Quest Counseling and Coaching Suite 107

20490 Harper Ave

Harper Woods, MI 48225

313-733-1358

Contact: Kimberly Stafford *Behavioral Health Therapist*

*Specialties: Depression, Anxiety, Trauma And More.*

Journey to Healing (Grief Support)

10235 Puritan

Detroit, Mi 48238

Email:info@j2hinc.org

Phone: 313-731-2871

*Offering holistic approach to grief. Servicing families within Wayne County by providing grief support, emotional wellness and financial education to those who may have experienced traumatic loss.*

Sugar Honey Iced Tea

*Promoting Sex Education and Self Love within Urban Communities*

*Provides sex education, prevention and self-love targeting both youth and young adults 12-45.*

Contact: 313-742-3500

Email: Sugarhoneyicedteaorg@gmail.com

iDecide Detroit

Phone: 833-9-DECIDE

www. Idecidedetroit.com

*Teen Friendly Reproductive Health Services offering teens and adult services like condoms, birth control, STD/STI testing and treatment to help protect sexual health.*

7737 Kercheval

Detroit, MI 48214

Covenant Community Care :

Michigan Ave

5716 Michigan Ave. Detroit, MI 48210

Medical Phone: (313) 554-1095

Behavioral Health Phone: (313) 554-1095

Joy-Southfield Health & Education Center Juanita Reaves Free Clinic

18917 Joy Rd. Detroit, MI 48228

Phone: (313) 446-880 | Website: [www.joysouthfield.org](http://www.joysouthfield.org)

Detroit Community Health Connection (DCHC) :

East Riverside Health Center

13901 E. Jefferson Detroit, MI 48215

Phone: (313) 822-0900

***AFFIRMATIONS:***

*I lovingly take back my power. I release this old idea and let it go.*

*I give myself permission to change.*

*No person, place, or thing has any power over me. I am free.*

*I create a new life with new rules that totally support me.*

*The past is over. I choose to love and approve of myself in the now.*

***1 Corinthians 10:13-14***

No temptation has overtaken you except what is common to mankind. And God is faithful;he will not let you be tempted beyond what you can bear. But when you are tempted,he will also provide a way out so that you can endure it.

**Substance Use and Addiction**

Narcotic Anonymous

Meeting Information :248-543-7200

Toll Free: 877-338-1188

*Community based association of recovering drug addicts.*

Detroit Wayne Mental Health Authority

Substance Use Disorder (SUD) Program

707 W. Milwaukee St., 4th Floor Detroit, MI 48202

Phone: (313) 833-2500

TTY: (800) 630-1044

24-Hour Help Line: (800) 241-4949

Website: [www.dwmha.com](http://www.dwmha.com)

*Provides central intake/assessment services for substance abuse treatment services in Wayne County.*

*Eligibility: Residents of Wayne County who are insured and uninsured*

Black Family Development, Inc.

Substance Abuse Services

2995 E. Grand Blvd. Detroit, MI 4822

Phone: (313) 758-0150

Website: [www.blackfamilydevelopment.org](http://www.blackfamilydevelopment.org)

**Domestic and Sexual Violence**

Wayne County SAFE Program

2727 Second Ave. Ste. 300 Detroit, MI 48201

Phone: (313) 964-9701

Crisis Pager: (313) 430-8000

*Provides compassionate and trauma-informed care to survivors of sexual assault throughout Wayne County. Free services include medical-forensic exams, counseling, and advocacy services to anyone who identifies as a survivor of sexual assault, sexual abuse, human trafficking or incest*

National Domestic Violence Hotline (NDVH)

Phone: (800) 799-SAFE (7233)

TTY: (800) 787-3224

Website: [www.thehotline.org](http://www.thehotline.org)

RAINN (Rape Abuse & Incest National Network)

Phone: (800) 656-HOPE (4673)

Website: [www.rainn.org](http://www.rainn.org)

**Pregnancy/ Women Centers**

Care Net Pregnancy Centers

13864 Grand River Detroit, MI 48227

Phone: (313) 243-1267

*Provides pregnancy tests, ultrasound, parenting education and diapers and baby clothes*

The WINN Network

1 Ford Pl, Detroit, MI 48202

Phone: 313-874-4587

<https://www.winnetworkdetroit.org/>

 *Focuses on connecting women to support systems, resources, and information in their community when they need it*.

Pregnancy Aid Detroit

17325 Mack Ave, Detroit, MI 48224

Phone: 313-882-1000

<https://www.pregnancyaiddetroit.org/>

Sister Friends Detroit

sistterfriends@detroitmi.gov

Phone: (313) 961-BABY

*Helps moms gain access to over 100 programs and resources in Detroit. Focuses on maternal child health and infant mortality reduction.*

All My Children MIHP

17301 Livernois Ave

Detroit, MI 48221

Email: AllMyChildren6Six@yahoo.com

Phone: 313-585-1622 Office: 313-340-4000

*Services include assisting with transportation to medical appointments and WIC if needed. Helping to get prenatal care, Food assistance and housing assistance. Connect women with community services such as childbirth educational classes and baby pantries.*

**Education and Training Services**

Social Money Finance LLC

Stephanie Vaught Certified Financial Counselor

Email: Stephanie@socialmoneyfinance.com

Phone:517-410-6606

*Services include in-person financial education classes, online personal finance classes, individual/couple financial coaching and financial presentations or panel discussions upon request.*

Barnabas Youth Opportunities Center

3530 Grand River Detroit, MI 48208

Phone: (313) 831-4488

Fax: (313) 831-4703

Website: [www.barnabasyouth.net](http://www.barnabasyouth.net)

Detroit Job Corps

11801 Woodrow Wilson St. Detroit, MI 48206

Phone: (313) 852-0300

Email: detro@jcdc.jobcrops.org

Website: <https://detroit.jobcorps.gov>

Focus Hope

Education and Training

1200 Oakman Boulevard Detroit, MI 48238

Phone: (313) 494-5500

Website: [www.focushope.edu](http://www.focushope.edu)

Free Application for Federal Student Aid (FASFA)

Toll Free: (800) 433-3243

Website: [www.fasfa.ed.gov](http://www.fasfa.ed.gov)

**Veteran Services**

Veteran Crisis Line

Toll Free: (800) 273-8255 Press 1

Text: 838255 to get help now

Women Veterans Hotline

Toll Free: (855) 829-6636

John D Dingell VA Medical Center

4646 John R. Detroit, MI 48201

Phone: (313) 576-1000

Website: [www.detroit.va.gov](http://www.detroit.va.gov)

Detroit Vet Center

11214 E. Jefferson Detroit, MI 48214

Phone: (313) 822-1141

After Hours Phone: (877) 929-8387

Website: [www.va.gov](http://www.va.gov)

VETERAN BENEFITS COUNSELING

McNamara Building

477 Michigan Ave. Detroit, MI 48226

Phone: (313) 471-3985

The Soldiers and Sailors Relief Program

28 W. Adamns Ste. 1710 Detroit, M 48826

Phone: (313) 224-5045

Website: [www.waynecounty.com](http://www.waynecounty.com)

***AFFRIMATIONS:***

*I have unlimited choices and opportunities everywhere!*

*I truly believe that we are here to bless and prosper each other. I reflect this belief in my daily interactions.*

*I support others in becoming prosperous, and in turn, life supports me in wonderous ways.*

*I now do work I LOVE and I am well paid for it.*

*The money that comes to me today is a pleasure to handle. I save some and spend some.*

*I live in a loving, abundant, harmonious universe and I am grateful.*

*I am now willing to be open to the unlimited prosperity that exists everywhere.*

*Money is a state of mind that supports me. I allow prosperity to enter my life on a higher level than ever before.*

**Job Training and Placement**

SER Metro Detroit Jobs for Progress

9215 Michigan Ave Detroit, MI 48210

Phone: (313) 945-5200

Monday-Friday

\*Eligibility - Ages: 18-24 (H.S. Dropout; Seeking GED)\*

Jackets for Jobs

5555 Conner Ste. 2097 Detroit, MI 48213

Phone: (313) 579-9160

Call for Appointment

\*Eligibility - Referral from DESC\*

**Computer Access/E-Mail Set-Up**

Southwest Solutions

4214 W. Vernor Hwy Detroit, MI 48209

Phone: (313) 451-8055

\*Eligibility - Low income; 18 and up\*

***AFFIRMATIONS:***

I delight in the financial security that is a constant in my life.

The more grateful I am for the wealth and abundance in my life, the more reasons I find to be grateful

I express gratitude for the all the good in my life. Each day brings wonderful new surprise.

I pay my bills with love and rejoice as I write out each check. God’s abundance flows freely through me.

At this very moment, enormous wealth and power are available to me. I choose to feel worthy and deserving.

I DESERVE THE BEST and ACCEPT the BEST NOW!

***Isaiah 32:18*** My people will live in peaceful dwelling places, in secure homes, in undisturbed places of rest .

***Matthew 4:4*** Jesus answered, "It is written 'Man shall not live on bread alone, but on every word that comes from the mouth of God.

***3 John 1:2***

Dear friend, I pray that you may enjoy good health and that all may go well with you, even as you soul is getting along well.